



Quarterly Newsletter

01/03/2023 | Issue 4 | I REACH OUT MY HAND AFRICA

BOOK and PC drive

Have you ever wondered what really goes on in the rural communities when it comes to education for children, nutrition and general livelihoods?

If you haven't well here is an issue where we give you a glimpse of what is going on and what our organization is doing to change the course of life for our little ones through our learning centre program, book drive, pc drive and organic farming practices.

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Kanthari visit

On 11 February we received guests all the way from India.

These two guests happen to be the founders of Kanthari Institute of social change-maker, Sabriye and Paul. This was a trip for them to see the work that we are doing and all challenges faced in our line of work. Kanthari is where the founder of I Reach Out My Hand Africa spent a year training for the social change certificate and diploma which was also awarded by Bharat Semak Sevaj in Kerala India. However this visit was exciting not only for us but for our beneficiaries, the children in the Paarl farm area, Chegutu rural district. Our learners and their mothers were thrilled to receive guest.

Are you passionate about children? Ah well you're not alone. [Learn more](#) and see how you can be part of this amazing journey.



Learning Centre

Is sanitary wear something that is needed once in a while? We think not, since 2018 we have been distributing sanitary wear under the theme #lovedrives, but only to realize the need is high and we had to step up our efforts. We are now seeking and partnering with local companies and organizations so as to enable us to provide and cover the gaps. Without such efforts even our own beneficiaries for the learning centre will soon face the same problem once they reach their maturity stage. In our work we keep a sharp eye for loopholes that can tumble our efforts and another issue we have faced is bulk distribution which then leads to the girls selling off the donated sanitary wear so as



Problems do exist in life and we do not sit back and watch, we have to come out and start making a change, through the initial steps of every act of kindness, more will pour in. This has been evident from the many programs and projects that we have run in the past-[IROMHA](#)

Viac service's

Women in Selous have always expressed need for services that include cervical cancer screening and many others. Just as in 2017 and 2019 we hosted a session once again on the 15th of March 2022, Through these services we get to talk with the women about their other concerns when it comes to the day to day survival in the rural community, opportunities for them and their children. It's not surprising to learn that they are living on a hand-to mouth economy where nothing is really going on but only people trying to get a meal on the table once or twice a day. The disparities that these women face keep getting wide as there is a lack of an economic rescue program. This has led to most of them resorting to criminal activities such as stealing to feed their families. With a realization that we have the capacity to create something for them, run by them. The women's community garden was introduced.

[Watch Now](#)



[Our Learning center](#)



[On-going programs](#)



[Our blog](#)



[Reports](#)

Our work can run as much but its with the help of donors and dedicated volunteers that we amplify and reach more children and advance our existings programs.

[DONATE](#) today and change a childs life. No donation is too small.

Women's Community Garden

Since 2018, we have been learning a lot from the people around us and while distributing clothing, food packs, sanitary wear and health services we discovered that still something was missing, An opportunity to make our beneficiaries independent. There is a dependency syndrome that usually develops when all we do is give and not involve, this is something that our amazing women here don't want. We started off with basic chores around our space and the beginning of 2022 we offered the women a space at the farm for them to start and run their own projects where they can take home the produce and sale the surplus to earn a few dollars for other needs. To our surprise upon learning about our plan to construct a learning center and the kitchen for their children and others, they pledged to run and supply at least 10% of their yields to feed the children of the community. We are currently running on a small scale and seek donations and partnerships to reach greater levels.

[Learn more](#) about our journey and available opportunities.